

Elementary Menu - HPE/GWF

September 2020

DAILY OFFERINGS

Choice/Alternate Sandwich
Garden Salad
Peanut Butter & Jelly
Assorted Fresh Fruit
Assorted Canned Fruit
Fresh Carrots & Celery
Assorted Fresh NYS Milk

Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

DAILY BREAKFAST OFFERINGS

Assorted Cereals
Fresh Fruit/Fruit Juice
Yogurt
String Cheese
Assorted Fresh NYS Milk

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| <p>*The USDA has approved a waiver that allows ALL students to receive free meals through December 31st.</p> <p>*After December 31st all regular eligibility rules will apply, so continue to submit free and reduced applications.</p> <p>*Hot menu entrees have been added as lunch choice effective 9/21/2020</p> | | | | |
| 21 | 22 | 23 | 24 | 25 |
| <p>CHICKEN PATTY SANDWICH</p> <p>Whole Kernel Corn Diced Peaches <u>Breakfast</u> Blueberry Muffin</p> | <p>CHEESEBURGER ON A BUN</p> <p>Baked Beans Applesauce <u>Breakfast</u> Blueberry Muffin</p> | <p>CHICKEN NUGGETS</p> <p>Steamy Rice Broccoli Trees <u>Breakfast</u> WG Pop Tarts</p> | <p>MACARONI & CHEESE</p> <p>Jolly Green Beans Fruit Mix <u>Breakfast</u> WG Pop Tarts</p> | <p>GRILLED CHEESE ON CIABATTA</p> <p>Crazy Carrot Coins Diced Peas <u>Breakfast</u> Egg Sandwich</p> |
| 28 | 29 | 30 | | |
| <p>TERIYAKI CHICKEN</p> <p>Steamy Rice Broccoli Trees <u>Breakfast</u> Chocolate Chip Muffin</p> | <p>PULLED PORK SANDWICH</p> <p>Baked Beans Applesauce <u>Breakfast</u> Chocolate Chip Muffin</p> | <p>PIZZA QUESADILLA</p> <p>Whole Kernel Corn Diced Peaches <u>Breakfast</u> WG Pop Tarts</p> | | <p><u>Choice/Alternate Sandwich Days</u></p> <p>Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad</p> |

For nutritional information please visit www.hpschools.org or email ccasab@hpschools.org

Menu subject to change